The May/June 2019 Issue

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From the 39ers Presidents

By the time you read this, we hope you all enjoyed our model seder on April 22nd. Thanks to all our volunteers who made this possible.

We are almost at the end of our first year as co-presidents. It has been a busy year, with some ups and downs, and learning as we go. Thanks to our Board members for all their help, especially Lillian Berkowitz, Marvin Klein, and Dora Furst. Also, our membership chair, Sherry O’Brien and our Financial Secretary, Florence Goldman. And, of course, thanks to Amelia Petersell and Allita Dunn.

On May 13th, we will hold our annual installation luncheon. We will have a brand new menu and new live entertainment. See the Special Events section of this newsletter for more details!

As we look forward to another great year at the J, we hope you take a moment and think about how you can be more involved with the 39ers. Just speak to any of the board members for ideas; we would love to hear from you!

—Barbara and Sheldon
Cinema Sundays

On Sundays at 2pm, we show movies in the Senior Lounge, including both classics and new releases. We’ll have some refreshments available, too.

MAY 5
GREEN BOOK
Academy Award for Best Picture

MAY 12
THE WIFE
Starring Glenn Close

MAY 19
ITZHAK
Documentary on the life of violinist Itzhak Perlman

MAY 26
GAME NIGHT
Starring Jason Bateman and Rachel McAdams

JUNE 2
WON’T YOU BE MY NEIGHBOR?
Documentary on the life of Mr. Rogers

JUNE 9
NO MOVIE; JCC CLOSED FOR SHAVUOT

JUNE 16
EIGHTH GRADE
Directed by comedian Bo Burnham

JUNE 23
MOLLY’S GAME
Starring Jessica Chastain

JUNE 30
HELL OR HIGH WATER
Starring Jeff Bridges
Meet & Mingle Mondays

Laughter Club
Kick off your week on a happy note, and join us for Laughter Yoga in the Group Exercise Studio at 12:15 p.m. This class is free for JCC members. Laughter is not only fun, it’s healthy too—it’ll help reduce your stress and improve your overall sense of wellbeing. Now, that is no laughing matter! Or is it?

39ers Meeting & Program
At 1pm (unless otherwise noted), join us for our weekly 39ers meeting and program, followed by tasty refreshments and social time. All 39ers and JCC members are welcome.

MAY 6
Academy Awards 1970-79 Video presented by Sheldon Brook

MAY 13
12:30p in the Senior Lounge Installation Luncheon of 39’ers Officers with entertainment by The Smooth Vocal Duo of Diane and Dana

MAY 20
Real-estate Planing Presented by Terri Misek

MAY 27
Memorial Day JCC open 8a-1p

JUNE 3
I-4 Ultimate Improvement Project presented by Dave Parks of Global Communications

JUNE 10
Trivia Contest presented by Sheldon Brook

JUNE 17
What VITAS means to seniors presented by Dave Robinson

JUNE 24
Jerry Seinfeld on Broadway Video- Presented by Sheldon Brook
39ers Leadership Installation Lunch

Join us on Monday, May 13 at 12:30pm in the Senior Lounge for the leadership installation lunch!

Our catered menu will include:

• Eggplant Parmesan
• House Salad
• Homemade garlic knots
• Lemon pound cake with blueberry compote
• Iced tea, water, coffee

Enjoy an afternoon of food, schmoozing, and fabulous entertainment by The Smooth Vocal Duo of Diane and Dana.

Members: $15 / Guests $20

Please see Lillian Berkowitz for your reservation.

Game Day Tuesdays

On any Tuesday beginning at 1pm, you can find the Senior Lounge filled with 39ers playing their favorite games. Try your hand at mah jongg, dominoes, canasta, pinochle and bridge. If you’d like to introduce your favorite game, let us know! You can organize your own table with other 39ers.

Wow Wednesdays

JOIN US FOR MAH JONGG!

Contact Shirley Zawatsky at (407) 492-1238 (please, no calls on Saturday).
Terrific Thursdays

Our Thursday programs all begin at 1:30pm, except for the Dine Around Town events and others specifically noted. Please note that some of the times for our Thursday programming have changed. Mark your calendars so that you don’t miss any of them!

**MAY 2, 1:30PM**
Book Club with Lois Lilling
*The Woman in Cabin 10* by Ruth Ware

**MAY 23, 1:00PM**
Dine Around Town
See below for restaurant and location

**MAY 30, 12:30PM**
Open Discussion—Bring your own lunch and ideas

**JUNE 7, 1:00PM**
Book Club with Lois Lilling
*Next Year Havana* by Chanel Cleeton

**JUNE 20, 1:30PM**
Open Discussion—Bring your own lunch and ideas

**JUNE 27, 1:00PM**
Dine Around Town
See below for restaurant and location

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Dine Around Town

**MAY 23, 1:00PM**
Tibbys New Orleans Kitchen
494 FL-436
Altamonte Springs, FL 32714

**JUNE 27, 1:00PM**
Perkins Restaurant
215 West FL-436
Altamonte Springs, FL 32714

RSVP TO FLO GOLDMAN
(407) 859 5982
ISRAEL WEEK
Please join us in our week-long celebration of Israel’s Independence Day!

Israeli Dancing with Debbie Meitin
Monday, May 6
7:00-9:00pm
All ages!

Yom HaZikaron/Israel Memorial Day
Program in English & Hebrew
Tuesday, May 7
7:00-9:00pm
Teens and adults; babysitting available

Israeli Cooking Class with Idit Lotringer
Wednesday, May 8
7:00-9:00pm
All ages!

Israel Independence Day Festival
Thursday, May 9
5:30-8:30pm
All ages!

Middle School Pool Party
Saturday, May 11
5:30-10:30pm
Grades 5-8

Saturday Night Out Happy Birthday
Saturday, May 11
5:30-10:30pm
Ages 18 months - Grade 4

For more information, contact Robby Etzkin at RobbyE@orlandojcc.org or 407-621-4031.
A warm thank you to Batya and Victor Granatstein for our fun-filled Yiddish Circle meetings. Batya and Victor are snowbirds from Maryland and we look forward to their return in the fall. Also, we want to thank them for the birthday cake celebrating Victor’s birthday. Once again, we want to thank Beti Abramovici for providing us with a pizza and salad lunch to commemorate her husband’s “yahrzeit.” Beti also gave us a generous donation. Beti is also one of our ‘birds,’ as she lives half time in Israel.

We want to thank the committee (Dora Furst, Beti Abramovici, Lillian Berkowitz, Francine Etienne, Barbara Goldberg, Amelia Petersell, Florence Goldman, Sherri O’Brien, and, of course, Billie Goldhar), who made our Mini Seder so successful.

A big thank you to Dora Furst for ‘encouraging’ us to contribute to the Jewish Federation Food Bank.

And thank you to those of you who continually bring in ‘noshes,’ Dora Furst, Anita Weintraub, Allita Dunn Flo Goldman, Barbara Becker, Jan Abrams, and Joyce Shields.
Get Fit at the J!

Come check out these fitness classes! JCC Fitness Membership is required to participate in all classes at no cost, except for Laughter Yoga, for which a JCC Social Membership is sufficient.

**Monday**
- 8:15 a.m. SilverSneakers® Classic
- 11:15 a.m. SilverSneakers® Classic
- 12:15 p.m. Laughter Yoga

**Tuesday**
- 8:15 a.m. Low Impact Cardio

**Wednesday**
- 11:15 a.m. Low Impact Cardio
- 12:15 p.m. SilverSneakers® Yoga

**Thursday**
- 10:15 a.m. SilverSneakers® Stability
- 11:15 a.m. SilverSneakers® Classic
- 12:15 p.m. SilverSneakers® Yoga

**Friday**
- 8:15 a.m. SilverSneakers® Classic

*Group exercise schedule is updated through April. For May and June, please contact Tara Harris, Director of Sports, Fitness, and Aquatics 407-645-5933 x259.*
Celebrations

May Birthdays

MAY 4
JUDY GARRETT

MAY 5
JOYCE SHEILDS

MAY 13
BERNIE GOTLIB

MAY 15
RITA TEPFER

MAY 28
GELLA GORDON

June Birthdays

JUNE 7
EVELYN CHILAND

JUNE 7
SHERWIN SOKOLOV

JUNE 9
PAUL GIPS

JUNE 11
SHERI O’BRIEN

JUNE 13
DORENE KRAMER

JUNE 30
MARIE PISANO

May Anniversaries

MAY 27
ANNE & NHO NGUYEN

June Anniversaries

JUNE 17
HARRIET & DONALD LEVINE

Oy vey! Did we forget your special day? Let Sheri O’Brien know at 407-898-6525.

Thank You

We send our sincerest thanks to the generous sponsors of The Roth Family JCC’s Seniors Programs!

VITAS Healthcare

Since 1980

seniors on the go MAY/JUNE 2019
39ers Membership Form

Interested in becoming involved with the 39ers or renewing your membership? Here’s the form for you. Just remember—JCC membership is also required to participate in the 39ers. For more information on 39ers membership, please contact Sherry O’Brien at 407-898-6525. For more information on JCC membership, please contact Marni S. Chepenik, JCC Membership Director, at 407-621-4056.

Annual dues for the 39ers is $5. You can make your check payable to The 39ers (not the JCC), complete the form, and bring or mail your application to the JCC, to the attention of the Membership Department.

NAME

NAME OF SECONDARY MEMBER

ADDRESS

PHONE

E-MAIL

BIRTHDATE

BIRTHDATE OF SECONDARY MEMBER

ANNIVERSARY (IF APPLICABLE)