The January/February 2019 Issue

2 | 39ers Presidents
3 | 39ers Regular Programs
6 | Dine Around Town
7 | Special Events
8 | Bits & Pieces
9 | Fitness Schedule
10 | Celebrations
11 | 39ers Membership Renewal
From the 39ers Presidents

Welcome to 2019! Another year has flown by and we are looking forward to seeing you all at the J.

Our Chanukah Gift Exchange was a lot of fun, which was followed by our Holiday Party. A good time was had by all. The Board is in the process of planning new programs. We are scheduling a double feature with lunch for Sunday, February 10th, starting at 11 am. Our Dine Arounds will continue on the 4th Thursday of each month. The Yiddish Circle and discussion, led by Victor and Batya Granetstein will continue on the 2nd and 3rd Thursday, starting at 12:30. Bring your lunch. And, of course, we look forward to celebrating Purim and Passover. If you have any ideas for a program or if there is anything special you think the 39ers would enjoy, please let us know.

We want to thank Leah Sandler, who wears many hats, for her work with the 39ers. She is a pleasure to work with and we look forward to her continued help.

We wish everyone a happy, and especially healthy, New Year.

—Barbara and Sheldon
Cinema Sundays

On Sundays at 2pm, we show movies in the Senior Lounge, including both classics and new releases. We’ll have some refreshments available, too.

JANUARY 6
ADAPTATION

JANUARY 13
THE HELP

JANUARY 20
THE LAST WORD

JANUARY 27
THE DRESSMAKER

FEBRUARY 3
LION

FEBRUARY 10
DOUBLE FEATURE

FEBRUARY 17
FATHER FIGURES

FEBRUARY 24
AMERICAN MADE
Meet & Mingle Mondays

Laughter Club
Kick off your week on a happy note, and join us for Laughter Yoga in the Group Exercise Studio at 12:15 p.m. This class is free for JCC members. Laughter is not only fun, it’s healthy too—it’ll help reduce your stress and improve your overall sense of wellbeing. Now, that is no laughing matter! Or is it?

39ers’ Meeting & Program
At 1pm (unless otherwise noted), join us for our weekly 39ers meeting and program, followed by tasty refreshments and social time. All 39ers and JCC members are welcome.

JANUARY 7
Identity Theft and How to Protect Yourself presented by Lee Miller

JANUARY 14
Brookdale Island lake luncheon/Therapeutic Music workshop

JANUARY 21
Jewish Humor presented by Hedy Bass

JANUARY 28
Cogniciti Brain Health workshop

FEBRUARY 4
Senior living At Allegro presented by Briana

FEBRUARY 11
Hollywood Stars of Yesterday “Merna Loy” video presented by Sheldon Brook

FEBRUARY 18
The Jewish Pavilion presented by Susan Bernstein

FEBRUARY 25 (12:30pm)
Luncheon and Presentation on Senior Living by Brookdale at Lake Orienta
**Game Day Tuesdays**

On any Tuesday beginning at 1pm, you can find the Senior Lounge filled with 39ers playing their favorite games. Try your hand at mah jongg, dominoes, canasta, pinochle and bridge. If you’d like to introduce your favorite game, let us know! You can organize your own table with other 39ers.

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**Wow Wednesdays**

**PILLARS OF THE PAST**

Rabbi Rennert is taking a break from teaching Pillars of the Past for January and February. Please check the next newsletter for information regarding March and April.
Terrific Thursdays

Our Thursday programs all begin at 1:30pm, except for the Dine Around Town events and others specifically noted. Please note that some of the times for our Thursday programming have changed. Mark your calendars so that you don’t miss any of them!

**JANUARY 3, 1:30PM**
TBA

**JANUARY 10, 12:30PM**
Yiddish Circle with Victor and Batya Granetstein

**JANUARY 17, 12:30PM**
Yiddish Circle with Victor and Batya Granetstein

**JANUARY 24, 1:30PM**
Dine Around

**JANUARY 31, 1:30PM**
TBA

**FEBRUARY 7, 1:30PM**
TBA

**FEBRUARY 14, 12:30PM**
Yiddish Circle with Victor and Batya Granetstein.

**FEBRUARY 21, 2:30PM**
Yiddish Circle with Victor and Batya Granetstein

**FEBRUARY 28, 1:30PM**
Dine Around

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**Dine Around Town**

**JANUARY 24, 1:00PM**
Yummy House (a Chinese restaurant)
500 N Altamonte Dr (436)
Altamonte Springs

**FEBRUARY 28, 1:00PM**
Cheesecake Factory
Winter Park Village across from Regal theater
The Roth Family Jewish Community Center of Greater Orlando is thrilled to announce four distinguished visiting authors for the 2019 Central Florida Jewish Book Festival. These events are part of a national network of programming sponsored by the Jewish Book Council and Writer’s Block Bookstore of Winter Park.

**Sunday, February 10**
Leah Rachel Berkowitz, *The World Needs Beautiful Things*

**Monday, February 11, 7:00pm**
Sally Kohn, *The Opposite of Hate*

**Tuesday, February 12, 7:00pm**
B.A. Shapiro, *The Collector’s Apprentice*  
Marie Benedict, *The Only Woman in the Room*

**Learn More:**
orlandojcc.org/bookfest  
Leaha@orlandojcc.org · 407.645.3933 x282  
info@writersblockbookstore.com · 407.335.4192
Bits & Pieces

Thank you to Shirley Zawatsky for her contribution in memory of the eleven people murdered in the Pittsburgh massacre. Thank you to Victor Granetstein for the delicious cake that he brought in for Batya’s birthday. Also, thank you to Sherry O’Brien for the shiny, new toaster and the beverages for our Holiday party. Get well to Dorene Kramer...hope to see you soon.

It is our pleasure to honor the generosity of those who give.
Get Fit at the J!

Come check out these fitness classes! JCC Fitness Membership is required to participate in all classes at no cost, except for Laughter Yoga, for which a JCC Social Membership is sufficient.

**Sunday**
12:30-1:30 p.m.  
Water Aerobics

**Monday**
8:15-9:00 a.m.  
SilverSneakers® Classic
11:15 a.m.-12:00 p.m.  
SilverSneakers® Classic
12:15-1:15 p.m.  
Laughter Yoga

**Tuesday**
8:15 a.m.-9:15 a.m.  
Low Impact Cardio
12:15-1:15 p.m.  
Tai Chi

**Wednesday**
12:15-1:00 p.m.  
SilverSneakers® Yoga

**Thursday**
10:15-11:15 a.m.  
SilverSneakers® Stability
11:15 a.m.-12:00 p.m.  
SilverSneakers® Classic
12:15-1:00 p.m.  
SilverSneakers® Yoga

**Friday**
8:15-9:15 a.m.  
SilverSneakers® Classic

**Saturday**
12:30-1:30 p.m.  
Water Aerobics

*Group exercise schedule is updated through December. For January and February, please contact Tara Harris, Director of Sports, Fitness, and Aquatics 407-645-5933 x259.*
Celebrations

January Birthdays

JANUARY 5
ROSALIE LAWRENCE
JANUARY 19
MOLLY SOLOMON
JANUARY 22
TESSIE PEROS
JANUARY 23
MARCIA KLEIN
JANUARY 25
HARRIET LEVINE
JANUARY 30
JOANNE STEWART

January Anniversaries

JANUARY 7
RUTH “COOKIE” AND MARVIN KLEIN

February Birthdays

FEBRUARY 1
ROSALYND FELDMAN
FEBRUARY 4
FLORENCE KUTNER
FEBRUARY 7
JOSEPH GALKIN
FEBRUARY 8
VICTOR GRANATSTEIN
FEBRUARY 8
FRED WACHSMAN
FEBRUARY 17
ALLITA DUNN
FEBRUARY 17
LILLIAN BERKOWITZ
FEBRUARY 19
HENRY DOOLEY
FEBRUARY 21
ESTHER WOLMAN
FEBRUARY 26
JOY HORNE

Oy vey! Did we forget your special day? Let Claire know at 407-699-0956.

Thank You

We send our sincerest thanks to the generous sponsors of The Roth Family JCC’s Seniors Programs!
39ers Membership Form

Interested in becoming involved with the 39ers or renewing your membership? Here’s the form for you. Just remember—JCC membership is also required to participate in the 39ers. For more information on 39ers membership, please contact Leah Sandler, JCC Cultural Arts Coordinator, at 407-645-5933. For more information on JCC membership, please contact Marni S. Chepenik, JCC Membership Director, at 407-621-4056.

Annual dues for the 39ers is $5. You can make your check payable to The 39ers (not the JCC), complete the form, and bring or mail your application to the JCC, to the attention of

NAME

NAME OF SECONDARY MEMBER

ADDRESS

PHONE

E-MAIL

BIRTHDATE

BIRTHDATE OF SECONDARY MEMBER

ANNIVERSARY (IF APPLICABLE)